

- 2024 -
MAY

MONDAY

**Leicester
Middle School**

What Makes a Lunch?

Select 3-5 Components



Students **MUST** take **AT LEAST 3** out of 5 meal components to be considered a Complete meal. A **½ cup Fruit** or **½ cup Vegetable** is **MANDATORY** W/ a meal.

The 5 components to choose from Are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.

Milk is FREE W/ a School Meal.
Purchased separately Milk is \$.60.

Great News!

As Participants in the Community Eligibility Provision All Middle School Students receive Breakfast & Lunch for FREE!

Menus as well as other Food service Information, including our Non-Discrimination statement, are available on line: www.lpsma.net/departments/foodservice

Food service director: Barry Sbordy
sbordyb@lpsma.net

Alternate/ Vegetarian meals include:
Fruit, Vegetable, Non-fat milk

© 2023

6 **BBQ Grilled Chicken Sandwich**
W/ Lettuce & Tomato
Seasoned Curly Fries
Honey Dill Carrots,
Mixed Fruit Cup
ALTERNATE ENTRÉE
Cheese/Hamburger

13 **Chicken Bacon Ranch Sandwich**
Waffle Fries
Broccoli Salad,
Apple Slices
ALTERNATE ENTRÉE
BBQ Beef Sandwich

20 **Cheeseburger Mac-N- Cheese**
W/ WG Roll
Seasoned Diced Carrots
Assorted Fresh Fruit
ALTERNATE ENTRÉE
Pizza Boli Calzone

27 **Memorial Day**
No School

TUESDAY

7 **Walking Taco Day!**
Mexican Rice, Mexicali Corn
Lettuce, Tomato, cheese
Southwest Salsa, Sour Cr.
Guacamole, Apple Sauce
ALTERNATE ENTRÉE
Cheese Enchiladas

14 **Ziti & Meatballs**
W/ WG Pasta
Fresh Romaine Salad
W/ Caesar Dressing
Fruit Cup
ALTERNATE ENTRÉE
Eggplant Parmesan

21 **General Tso's Chicken,**
WG Low Mein w/
Mandarin Stir Fry Veg.
Pineapple Chunks
ALTERNATE ENTRÉE
Vegetable Eggroll

28 **Taco Tuesday!**
W/ Mexican Rice,
Roasted Corn & Blk. Beans
Lettuce, Tomato, cheese,
Southwest Salsa, Sour Cr.
Guacamole, Peach Cup
ALTERNATE ENTRÉE
Buffalo Chicken Pizza

WEDNESDAY

1 **American Chop Suey**
Over WG Pasta
Roasted Broccoli,
WG Bread Stick
Apple Slices
ALTERNATE ENTRÉE
Grilled Cheese

8 **Professional Development**
Early Release
No Lunch

15 **BBQ Sloppy Joe Sandwich**
WG Hoagie Roll, Sweet
Potato Tots, Baked Beans,
Mixed Fruit Cup
ALTERNATE ENTRÉE
Hot Dogs

22 **Southwest Chicken Cheese Steak Hoagie**
Nachos W/ Cheese, Salsa,
Guacamole, sour cream,
Roasted Peppers, Grapes
ALTERNATE ENTRÉE
Cheese/Hamburger

29 **Breaded Chicken Drumsticks** W/
Macaroni Salad
Herbed Green Beans
Fresh Cut Watermelon
ALTERNATE ENTRÉE
Grilled Cheese

THURSDAY

2 **Philly Cheese Steak**
WG Hoagie Roll
Sweet Potato Fries
Roasted Peppers & Onions
Fresh Orange Wedges
ALTERNATE ENTRÉE
Chicken Pattie

9 **Boneless Buffalo Chicken Wings**
Sweet Potato Fries,
Zucchini & Carrot Sticks
w/ light Ranch Dip,
Pear Cup
ALTERNATE ENTRÉE
Grilled Cheese

16 **Chicken Burrito Bowl**
Seasoned Chicken over
Cilantro Rice W/ Blk. Beans
Cheddar cheese, Tomatoes,
Salsa, Sour Cr. Guacamole,
Side Nacho Chips, Oranges
ALTERNATE ENTRÉE
Pizza Taco Bites

23 **Brunch @ Lunch**
Fluffy Scrambled Eggs
WG French Toast W/Syrup
Breakfast Sausage Links,
Cucumber Coins,
100% Fruit Juice
ALTERNATE ENTRÉE
Ciabatta Cheese Melt

30 **Meatball Grinder**
Sweet Potato Wedges
Mixed Garden Salad w/
Spinach, Tomatoes &
carrots, Mixed Fruit Cup
ALTERNATE ENTRÉE
Chicken Pattie

FRIDAY

3 **Stuffed Crust Pizza**
Cheese or Pepperoni
Fresh Garden Salad
W Grape Tomatoes
Assorted Fresh Fruit
ALTERNATE ENTRÉE
Buffalo Chicken Tenders

10 **Big Daddy's Ultimate Pizza**
Spinach Salad w/ Tomato
Three Bean Salad
Assorted Fresh Fruit
ALTERNATE ENTRÉE
Pepperoni Calzone

17 **6" Individual Pizza**
Cheese or Pepperoni
Fresh Red & Green
Pepper Strips W/ Dip
Assorted Fresh Fruit
ALTERNATE ENTRÉE
Chicken Pattie

24 **Cheese Stuffed Breadsticks** W/
Marinara Sauce,
Fresh Garden Salad
Apple Slices
ALTERNATE ENTRÉE
Chicken Nuggets

31 **Mozzarella Sticks**
W/ Marinara Sauce
Fresh Red & Green
Pepper Strips W/ Dip
Three Bean Salad
Pear Cup
ALTERNATE ENTRÉE
Pizza